

あ像小学 NAN CHIAU PRIMARY SCHOOL

50 Anchorvale Link, Singapore 545080 T +65 6489 7905 F +65 6489 7906 E ncps@moe.edu.sg

31 January 2025

Dear Parents/ Guardians

MOE SEXUALITY EDUCATION IN SCHOOLS

Sexuality Education (SEd) in schools aims to enable students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships with others, including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The **Goals** of Sexuality Education are:

- (a) Support students in managing their physiological, social and emotional changes as they grow up and develop safe and healthy relationships.
- (b) Guide students to make wise, informed and responsible decisions on sexuality matters.
- (c) Help students develop a moral compass and respect for themselves and others by having positive mainstream values and attitudes about sexuality that are premised on the family as the basic unit of society.

3. The **Key Messages** of Sexuality Education are:

- (a) Love and respect yourself as you love and respect others;
- (b) Build positive relationships based on love and respect (which are the foundation for strong families);
- (c) Make responsible decisions for yourself, your family and society; and
- (d) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.



- If you would like to withdraw your child out of the Sexuality Education
 Programme in 2025, please complete the Opt-out Form at
 https://form.gov.sg/6793372dba0a17d1ea5761af or fill in Opt Out form (PDF) attached.
- Please visit the school's Sexuality Education webpage https://www.ncps.moe.edu.sg/sexuality-education/
 for more information on

 Nan Chiau Primary School's Sexuality Education Programme for 2025.

Thank you.

Yours, faithfully,

Mrs Ong Jia Miin

Principal



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PARENT OPT-OUT FORM

To: Mrs Ong, Nan Chiau Primary School

Dea	ır Prii	ncipal
1.	l wo	ould like to withdraw my child,,
		(full name of child)
	of	, from Sexuality Education lessons for 2025.
	(class of child)
2.	My re	eason(s) for my decision to opt my child out of the programme: Religious reasons
		My child is too young.
		I would like to personally educate my child on sexuality matters.
		I do not think it is important for my child to attend Sexuality Education.
		I have previously taught my child the topics in the Sexuality Education lessons for this year.
		I am not comfortable with the topics covered in the Sexuality Education lessons for this year.
		Others:
Thank you		
Parer	nt's Na	ame & Signature:
Parer	nt's Er	nail address:
Parent's Contact No. (mobile)		
Date:		

